

SIZE	MEASURE AROUND BREAK OF THE WRIST
X - SMALL	3.75 - 4.75 Inches (9.5 - 12.1 CM)
SMALL	4.75 - 6 Inches (12.1 - 15.2 CM)
MEDIUM	6 - 7.25 Inches (15.2 - 18.4 CM)
LARGE	7.25 - 8.5 Inches (18.4 - 21.6 CM)
X - LARGE	8.5 - 10 Inches (21.6 - 25.4 CM)